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Review

Induced pluripotent stem (iPS) cells: A new source for cell-based therapeutics?

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ABSTRACT

The generation of induced pluripotent stem (iPS) cells from somatic cells by the ectopic expression of defined transcription factors has provided the regenerative medicine field with a new tool for cell replacement strategies. The advantages that these pluripotent cells can offer in comparison to other sources of stem cells include the generation of patient-derived cells and the lack of embryonic tissue by maintaining a versatile differentiation potential. The promise of iPS cell derivatives for therapeutic applications is encouraging albeit very early in development, with the first clinical study currently ongoing in Japan. Many challenges are yet to be circumvented before this technology can be clinically translated widely though. The delivery and expression of the reprogramming factors, the genomic instability, epigenetic memory and impact of cell propagation in culture are only some of the concerns. This article aims to critically discuss the potential of iPS cells as a new source of cell therapeutics.

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1. Introduction

The increased prevalence of degenerative diseases remains challenging to manage with the currently available small molecule therapeutics and surgical interventions. This has prompted the search for alternative strategies that pursue restoration of the damaged or degenerated tissue

rather than just compensation of their impaired function [1]. The availability of adequate cell sources to populate injured or degenerated tissues is a central priority in regenerative medicine, and stem cells are invaluable candidates thanks to their capacity to self-renew and differentiate into several cell types [2]. Various stem cell types including embryonic, fetal, perinatal and adult stem cells have been investigated as sources for regenerative therapies [3,4]. Immune compatibility and differentiation potential of the stem cells are crucial features for their suitability. Unfortunately, these two parameters are not often both satisfactorily accomplished that limits their successful use [5,6]. In addition, propagation in culture can be challenging as in the case of fetal (isolated from aborted

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fetuses) and perinatal stem cells (from amniotic fluid, umbilical cord blood and placenta) [4]. Finally, the ethical issues surrounding the use of embryonic materials have prompted a variety of hurdles to research the clinical development of stem cells [7].

Despite the challenges, hundreds of clinical trials have explored the utilization of stem cells in regenerative medicine. Transplantation of bone marrow-derived stem cells for the treatment of hematopoietic diseases has already been safely and successfully used in the clinic for a number of years [8]. Nevertheless, the source, characterization and purity of any type of cell sourcing for transplantation purposes remain issues of intense controversy as recent cases reveal [9–11].

The generation of induced pluripotent stem (iPS) cells that can be derived from the adult cells of specific patients, has recently revolutionized the field posing hopes that some of the roadblocks traditionally associated with stem cell therapy could be overcome [12,13]. This article aims to offer an overview of the potential applications of iPS cells, and highlight their use in cell-based therapies for regenerative purposes.

2. Induced pluripotent stem (iPS) cells: a new source of stem cells

In 2006 Shinya Yamanaka and collaborators published a groundbreaking study demonstrating transcription factor-mediated cell reprogramming to pluripotency that was awarded the 2012 Nobel Prize in Medicine along with Sir John Gurdon's much earlier studies on reprogramming using somatic cell nuclear transfer [14]. In Yamanaka's work, mouse embryonic and adult fibroblasts were genetically reprogrammed to a pluripotent state by viral (retrovirus) gene transfer of four transcription factors (Oct3/4, Sox2, Klf4 and cMyc) that are involved in the maintenance of pluripotency in ESCs. The resulting cells, known as induced pluripotent stem (iPS) cells, grow indefinitely in culture forming colonies that are morphologically indistinguishable from those of embryonic stem (ES) cells [12]. The fully functional pluripotent character of iPS cells was confirmed one year after their initial description, when iPS cells selected for the expression of the pluripotency marker Nanog were found to contribute to the adult tissues of chimeric mice obtained by blastocyst injection, including the germline [15].

The generation of iPS cells from human fibroblasts has also been achieved by expression of human OCT3/4, SOX2, KLF4 and cMYC [13], replacement of cMYC and KLF4 by NANOG and LIN28 [16] and even elimination of the tumorigenic cMYC [17]. Recently, reprogramming of human fibroblasts has proven achievable by means of the overexpression of lineage specific genes and without SOX2 and OCT4, the original 'Yamanaka factors' that were thought to be indispensable for the induction of pluripotency. Such findings imply that the fully differentiated state of somatic cells inherently incorporates larger degrees of plasticity than what was thought until now [18].

iPS cells can be derived from a wide variety of starting cells, even though fibroblasts are the most common source for iPS cell generation today due to their accessibility (can be easily obtained with a skin biopsy) [19]. Other cell types from diverse developmental origins, such as hepatocytes (endoderm origin), circulating T cells (mesoderm) and keratinocytes (ectoderm) have also been successfully reprogrammed into iPS cells even though efficiencies vary [20]. Recently, umbilical cord blood and peripheral blood cells have been projected as advantageous candidate sources for the generation of iPS cells [21]. The main hurdles in the harvesting of dermal fibroblasts are the requirement for skin biopsy (accessible but invasive), the need to expand the collected cells for several passages in order to achieve enough cell numbers for iPS cell generation and the fact that these cells are directly exposed to the insults of the environment (e.g. mutations provoked by UV radiation). Mononuclear cells from peripheral blood on the contrary do not suffer from such drawbacks [22–24].

Along with different somatic cell types used to generate iPS cells, different methodologies have also been pursued to overexpress the reprogramming transcription factors and induce conversion to the pluripotent state [25]. The main goal has been to avoid use of integrating

vectors and achieve safer yet efficient cell reprogramming. Table 1 summarizes the methodologies used today and classifies vectors according to their safety/efficiency balance. We determined 'safety' according to the reported levels of genomic integration and risk of immune reactions, while 'efficiency' according to the extent of reprogramming achieved (i.e. number of iPS colonies obtained from the starting somatic cells).

Much has been achieved since the initial report of iPS cell generation, not only in the optimization of the reprogramming protocols, but also in the elucidation of the mechanisms behind cellular reprogramming, as reviewed elsewhere [39]. Buganim et al. made use of single-cell analysis to show that cellular reprogramming can be divided into an early stochastic phase that has a higher degree of variability in the gene expression patterns among cells and a later phase that is more hierarchical [40]. Later, Polo et al. examined the course of reprogramming to pluripotency by genome-wide analyses and confirmed that the cells undergo two distinct waves of transcriptional changes to result in iPS cell generation. Also, genes that hinder the conversion of the partially reprogrammed intermediates to iPS cells were identified [41].

Many more studies are advancing our understanding of cellular plasticity and enable researchers to explore new alternative cellular reprogramming technologies most appropriate for each application. Recently, Rais et al. showed that the depletion of the levels of Mbd3 protein concomitantly with the overexpression of Oct3/4, Sox2, Klf4 and cMyc resulted in the deterministic reprogramming of cells to the pluripotent cell state with efficiencies very close to 100% [42].

3. The short- and long-term applications of iPS cell technology

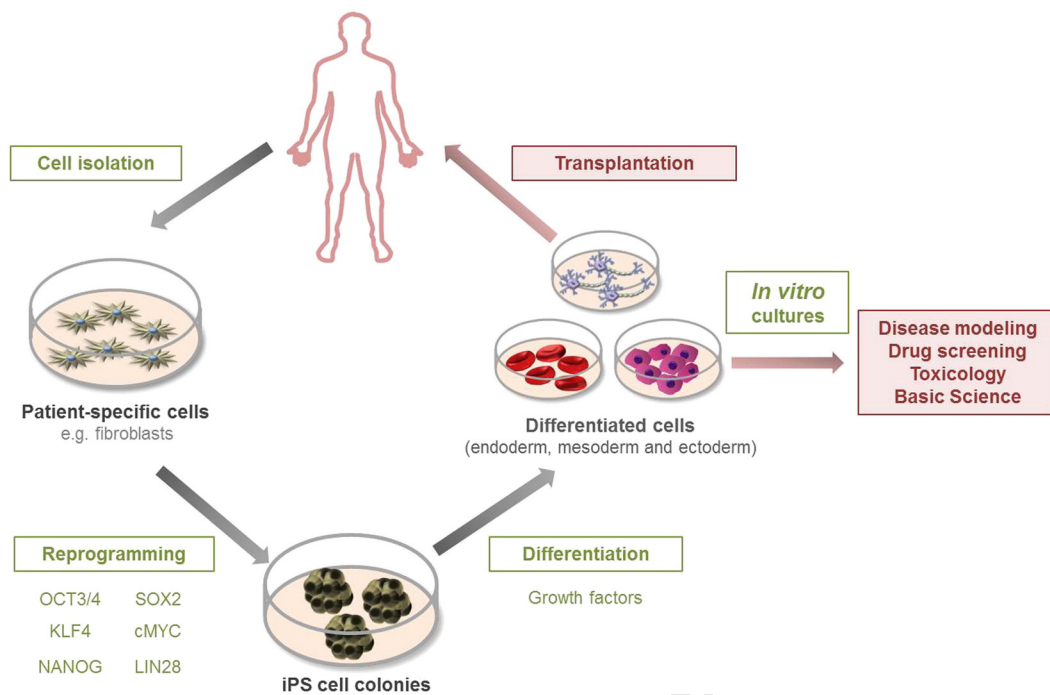
The differentiation potential of iPS cells, considered practically equivalent to that of ES cells, along with the possibility to obtain them from individual patients has uncovered a wide range of potential utilizations [43] that are illustrated in Fig. 1.

In the short term, the ability to produce iPS cells that can then be differentiated *in vitro* from individuals suffering from a particular disease is thought to contribute towards development of better disease modeling for a diverse range of conditions [44]. Reliable disease models are generally difficult to obtain otherwise, since human primary cells are not easily maintained in culture for long periods of time and animal models inevitably involve inter-species variabilities [45]. The iPS-derived *in vitro* models can constitute an invaluable source of information to better understand the mechanism of diseases and to help recapitulate the features of the pathogenic phenotype [46].

The majority of models developed to date focus on cardiovascular and neural or neuromuscular disorders [47], such as long QT syndrome (a disorder of the heart's electrical activity) [48], Alzheimer's disease [49], Friedreich ataxia [50] and myotonic dystrophy [51]. Other studies aim to achieve models for the elucidation of mechanisms involved in disorders associated with premature aging such as Hutchinson–Guilford progeria [52,53] and dyskeratosis congenita [54]. iPS cell

Table 1
Current vector technologies used for reprogramming transcription factor overexpression and the generation of iPS cells.

	Vector technology		Safety	Efficiency	Ref.		
Viral vectors	Integrating	Retrovirus	–	++	[12]	t1.5	
		Lentivirus	–	++	[26]	t1.6	
		Inducible lentivirus	–	++	[27]	t1.7	
	Excisable	Excisable lentivirus	++	++	[28]	t1.8	
		Non-integrating	Adenovirus	++	–	[29]	t1.9
			DNA free	Sendai virus	++	++	[30]
Naked DNA	PiggyBac transposon		++	+	[31]	t1.11	
	pDNA		+	–	[32,33]	t1.12	
	Episomal pDNA		+++	+++	[34,35]	t1.13	
	mRNA		+++	+++	[36]	t1.14	
DNA free	microRNA		+++	+	[37]	t1.15	
	Protein		+++	–	[38]	t1.16	



Q14 Fig. 1. Current and envisioned applications of iPS cells. The short- and long-term potential applications of disease- and patient-specific iPS cell derivatives include the establishment of reliable disease models, drug and toxicology screening, basic biology research and their use for cell replacement interventions in regenerative medicine.

174 derivatives have also been used for the investigation of the course of retinal degeneration [55]. Modeling of other disease types, such as kidney
175
176 pathologies, is also envisioned even if not yet achieved [56].

177 Consequently, the discovery of new effective treatments for certain
178 diseases may benefit by such *in vitro* models. Disease-specific iPS cells
179 can thus be useful in drug and toxicology screening. One such recent ex-
180 ample is the discovery of a candidate chemical compound for the treat-
181 ment of amyotrophic lateral sclerosis (ALS) using iPS-derived motor
182 neurons generated from patients that suffered from the disease [57].
183 Small molecules able to restore the expression of the main gene in-
184 volved in familial dysautonomia have also been identified following
185 the derivation of patient-specific iPS cells [58].

186 iPS cells also gradually become an invaluable tool in fundamental bi-
187 ological research. In particular, the information and knowledge derived
188 from their differentiation into cells of different lineages is of great inter-
189 est for developmental biology studies. For example, many questions
190 remain unanswered regarding the course of cortical development in
191 the mammalian brain due to the lack of appropriate models that recapit-
192 ulate the early events of this process. A recent study has reported that iPS
193 cells can be differentiated to all the types of pyramidal neurons that pop-
194 ulate this area of the brain, therefore enabling the study of cortex devel-
195 opment [59]. In addition, the thorough characterization of the epigenetic
196 changes that occur in the generation of iPS cells may also help inform
197 about other biological processes mainly driven by epigenetic mecha-
198 nisms, such as carcinogenesis [60].

199 Other than their applications in disease modeling, drug screening and
200 basic biological research, iPS cells are regarded as perhaps the most
201 promising source of personalized cells for regenerative therapies. The ul-
202 timate aim is that iPS cells could be generated from the patient that re-
203 quires treatment (autologous iPS), differentiated *ex vivo* into the cells
204 affected in the disease with or without the assistance of gene therapy
205 to correct genetic defects, and finally transplanted back into that partic-
206 ular patient [61]. This application of iPS cells is considered to be of a long-
207 term perspective due to many obstacles that have to be overcome for
208 successful and safe cell transplantation therapy. However, the enormous
209 benefits potentially offered to cell replacement strategies have mobilized
210 great interest and investment to support research for the clinical

211 development of this technology. The field is moving rapidly towards clin-
212 ical investigations and the first clinical study involving the transplanta-
213 tion of iPS cell derivatives has recently started to recruit patients [62].

4. iPS cells as cell therapeutics

214
215 The opportunities offered by iPS cell technology could overcome
216 most of the obstacles that surround the clinical utilization of other
217 types of stem cells in regenerative medicine [63].

4.1. iPS versus ES cells as sources for cell therapeutics

218
219 Since their first derivation from a mouse in 1981 [64] and human
220 blastocysts in 1998 [65] ES cells have been regarded as one of the
221 most promising sources of cells for replacement therapies. This is main-
222 ly due to the feasibility to keep them in culture with their self-renewal
223 capacity intact and their versatile differentiation potential. ES cells are
224 pluripotent and can potentially differentiate into cells of any develop-
225 mental lineage (ie endoderm, mesoderm and ectoderm).

226 While iPS cells possess a similar pluripotent character and can be
227 maintained in this state in culture, they offer certain advantages over
228 ES cells. First, the isolation of ES cells involves the destruction of the
229 blastocysts, which has generated multiple discussions regarding the
230 ethics of human ES cell derivation. Different regulations for human ES
231 cell usage and research have been set across different countries. In the
232 European Union, the Court of Justice established in 2011 that any pro-
233 cess involving the destruction of human blastocysts cannot be patented,
234 which has caused concern in the scientific community and fear for a
235 possible loss of investor motivation for research using human ES cells
236 [7]. The fact that iPS cells can be generated from a wide variety of differ-
237 ent somatic cell types, eliminates the need to manipulate and destroy
238 embryonic materials and therefore circumvents the ethical and legal
239 concerns that surround ES cell isolation.

240 Immune rejection of heterologous cells (obtained from an individual
241 other than the one receiving the transplant) generally complicates the
242 clinical translation of cell-based therapies. This has been regarded as a
243 limitation of the use of ES cell derivatives in cell therapies and hence

has been the subject of numerous studies [6,66,67]. The goal of iPS cell technology is to generate autologous, functional and committed cells from patients, turning regenerative medicine into a personalized treatment approach by minimizing the risk of graft rejection [68].

An initial report by Zhao et al. alarmingly reported the occurrence of immune responses in mice transplanted with syngeneic (genetically identical) undifferentiated iPS cells [69]. This study made use of the inherent ability of undifferentiated cells, such as iPS cells, to form teratomas (tumors of undifferentiated origin) when implanted *in vivo* [70]. Immune responses against iPS cell-derived teratomas were reported along with aberrant expression of the *Hormad* and *Zg16* genes [69]. In contrast, two recent studies by Guha et al. and Araki et al. have not validated these findings [71,72]. These two genes are commonly overexpressed in tumor cells, so their aberrant expression might be more related to teratoma formation than to the immunogenicity of iPS cells themselves. The contradiction between those studies could be further attributed to the differences among iPS cell lines generated by different protocols [73]. Despite such observations, the suitability of iPS cell derivatives for regenerative medicine has been supported by the success of various preclinical models in which iPS cells have been transplanted with no signs of rejection [74–76]. However, more systematic studies on the immunogenicity of primate and human iPS cell derivatives are required to assure the safety of this approach.

The fact that the generation of iPS cells avoids the use of embryonic material and can be achieved from patient-specific cells is hugely advantageous compared to ES cells. These differences are illustrated in Fig. 2. Whether the epigenetic state, genomic stability, mutational load and developmental potential of iPS cells are exactly equivalent to those of ES cells remains to be determined and should be thoroughly investigated [77,78].

4.2. iPS cells as sources for cell therapeutics: Pre-clinical studies

The first transplantation of iPS-derived cells for therapeutic purposes was carried out in a murine model of sickle cell anemia only one year

after iPS cells were first described [79]. Since then, several other examples have highlighted the potential of iPS cell technology in regenerative medicine at the preclinical level. Table 2 summarizes the most important of these reports. Many of these studies describe successful engraftment of the transplanted cells and a degree of recovery of the diseased phenotype. For example, dopaminergic neurons re-differentiated from Parkinson patient-derived iPS cells successfully survived in the adult rodent brain and ameliorated motor asymmetry in Parkinsonian rats [80]. In a model of spinal cord injury, Nori et al. confirmed not only the engraftment of the cells but also their differentiation into mature neurons and axonal regrowth that led to functional recovery [81]. In another approach, reprogramming was accompanied with correction of the dystrophin gene in the iPS cells *ex vivo* to treat muscular dystrophy. The muscles of dystrophic animals engrafted with iPS-derived genetically corrected myogenic progenitors exhibited an improvement in their contractile capability [82,83].

Despite the positive results in these studies, others have encountered several challenges such as poor engraftment rates [84] or teratoma formation [85]. The latest has been attributed to undifferentiated cells among the transplanted cell population. This was especially notable in a mouse stroke model injected with undifferentiated iPS cells that were not able to offer any behavioral improvements, while tumor formation led to high death rates. Such observations highlight the importance of the differentiation stage in which the cells are injected as a determinant factor of successful outcome [86]. In another stroke model study undertaken by Jensen et al., the transplanted iPS derived cells were able to engraft in the host tissues at acceptable levels and differentiate into the appropriate cell type (i.e. neurons primarily) however with no functional improvement [87].

The field of cell transplantation is lacking clinically relevant technologies that can offer control of cell tracking and allow follow up (in terms of survival, location and functionality) of the transplanted cells. The studies available to date do not monitor the cells for longer than 4 months after transplantation that may not be enough to determine clinical outcome [88]. Overall, preclinical studies today highlight the

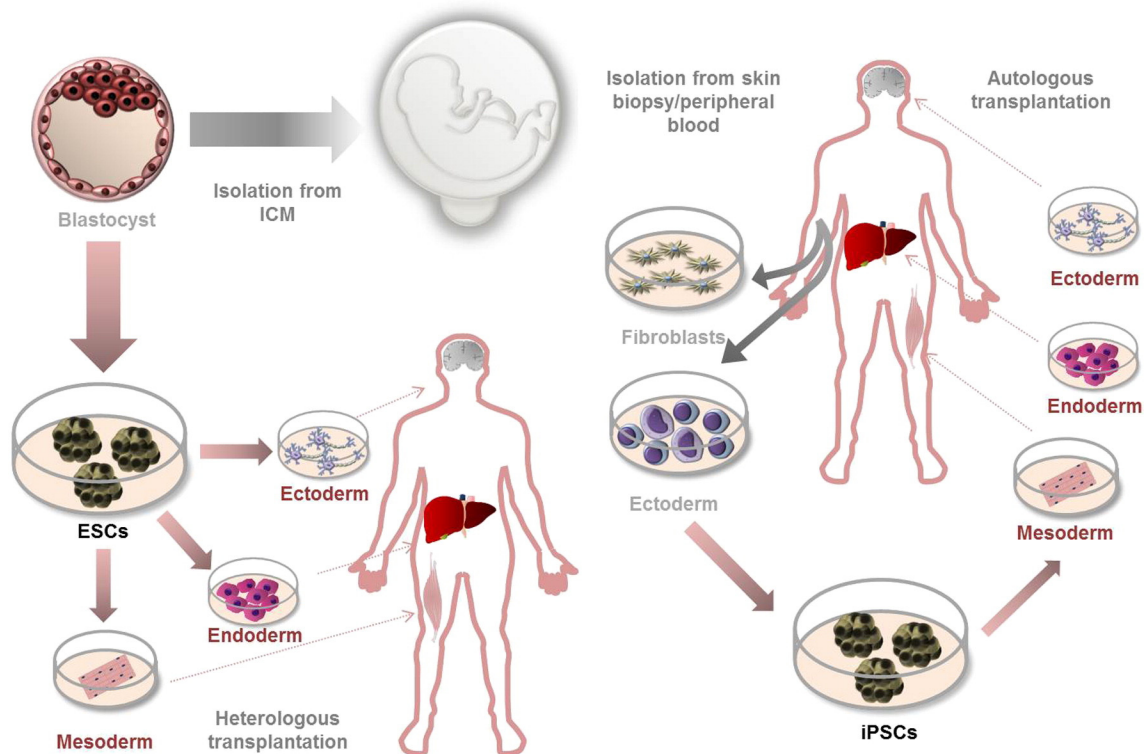


Fig. 2. ES vs iPS cells in regenerative medicine applications. The main advantages that iPS cells (right) offer as compared to ESCs (left) for cell replacement therapies are (1) the convenient harvesting of starting cells for their generation, avoiding the handling of embryonic material and (2) the fact that they can be generated from the same patient receiving the transplant.

t2.1 **Table 2**
t2.2 Preclinical studies using iPS-derived cells in cell-based therapeutic approaches.

t2.3	Disease model	iPS cell derivatives	Restorative effect	Ref.
t2.4	Sickle cell anemia	Hematopoietic precursors (genetic defect corrected by gene therapy)	Normal erythrocyte phenotype restored	[79]
t2.5	Parkinson's disease	Midbrain dopaminergic neurons	Recovery of Parkinsonian symptoms in behavioral tests	[74,80,85,89]
t2.6	Muscular dystrophy	Myogenic progenitors (genetic defect corrected by gene therapy)	Improvement of muscle function	[83]
t2.7	Spinal cord injury	Neurospheres	Enhanced recovery of motor function	[81]
t2.8	Ischemic stroke	Neuroepithelial-like stem cells	Improved functional recovery of stroke-damaged brain	[88]
t2.9		Neural progenitor cells	Improvement of somatosensory and motor symptoms	[90]
t2.10		Neural progenitor cells	Graft survival and differentiation to neuronal phenotypes but no restorative effect	[87]
t2.11	Intracerebral hemorrhage	Neuro-epithelial-like stem cells	Significant recuperation of neural function	[91]
t2.12	Limb ischemia	Fetal liver kinase-1 positive cells	Revascularization of the ischemic limb accelerated via increased expression of VEGF	[92]
t2.13		Endothelial progenitors	Neovascularization	[76]
t2.14		Mesenchymal stem cells	Attenuation of severe ischemia	[93]
t2.15	Myocardial infarction	iPS cells	Regeneration of infarcted tissue and improvement of contractile performance	[94]
t2.16		Endothelial progenitors	Neovascularization, reduction of fibrosis and infarction site	[76]
t2.17	Cirrhotic liver	Hepatic progenitors	Liver regeneration	[84]
t2.18	Retinitis pigmentosa	Retinal pigmented epithelial cells	Improved visual function	[75]
t2.19	Age-related macular degeneration and retinitis pigmentosa	Developing rod photoreceptors	Neural activity similar to native photoreceptors	[95]

312 need to develop technologies for integration-free reprogramming pro-
313 tocols that lead to safe and efficient generation of iPS cells from patients,
314 successful differentiation protocols and adequate cell tracking techni-
315 ques as the key needs to enable future development of successful
316 iPS cell-based therapies.

317 4.3. iPS cells as sources for cell therapeutics: Clinical studies

318 Considering the brief history of transcription factor induced cell
319 reprogramming, the field is rapidly making its way towards clinical appli-
320 cations. An important factor behind this progress is the significant invest-
321 ment devoted to this technology. The Japanese government approved
322 recently ¥21.4 billion in an ambitious program designed to bring these
323 types of stem cells closer to the clinic [96]. Among the 8 programs that
324 will be carried out in different research centers across the country, four
325 of them involve the use of cells derived from iPS cells for tissue regener-
326 ative purposes [97].

327 The first human clinical study using iPS cell derivatives started
328 recruiting patients in August 2013 and is expected to begin with cell
329 transplantation procedures within 2014. Dr. Masayo Takahashi at the
330 RIKEN Center for Developmental Biology in Kobe has been working on
331 the generation of sheets of retinal pigment epithelium from patient-
332 specific iPS cells to be implanted in the retina of patients suffering from
333 age-related macular degeneration. This disease is the first cause of
334 blindness in developed countries and affects approximately 1% of the
335 population aged over 50. Dr Takahashi and her group have established
336 a reproducible methodology to generate sheets of retinal pigment
337 epithelium from human iPS cells [98]. In addition, the same group has
338 confirmed that iPS derived retinal epithelium is functional upon trans-
339 plantation in mice retina affected by the disease [95]. According to the
340 clinical study design, the iPS-derived retinal cells will be implanted in
341 the diseased retina of at least half a dozen patients. The expectation is
342 that the transplanted cells derived from iPS cells will grow and repair
343 the affected retinal epithelium, however the primary goal of this Phase
344 I study will be to assess the safety of such intervention [99]. It is interest-
345 ing to note that authorization by the Japanese Government has been
346 granted for Takahashi's investigations on the basis of a clinical study,
347 and not of a formal clinical trial. Therefore approval of iPS cell derivatives
348 as a biological drug entity will not be conceded even if therapeutically
349 positive results are obtained. However, assuming that the outcomes
350 are positive, this could encourage the application for clinical trials and
351 fuel the way of this technology towards the bedside [62].

352 Another group based in Kyoto University also intends to apply in the
353 near future for the authorization of a clinical trial in which iPS cell-

derived dopaminergic neurons would be used for the treatment of
Parkinson's disease. This approach is supported by the encouraging re-
sults that have already been reported from studies in non-human pri-
mates [100], however previously failed clinical attempts using ES and
fetal cells are illustrating how challenging such a therapeutic interven-
tion can be. Elsewhere, the US-based biotechnology company Advanced
Cell Technology has announced preparations to seek authorization of a
clinical trial that would use iPS cell-derived platelets for the treatment
of blood clotting disorders. In theory, such approaches can be less chal-
lenging compared to the clinical trials planned in Japan due to the fact
that platelets lack a nucleus and hence would raise less safety concerns
[99]. Overall, the rapid progress in clinical translation of iPS technology
has been received with mixed reactions among experts. Some express
excitement of the opportunities, while others believe that it might still
be too early for iPS cell technology to have a role in the clinic and serious
concerns have been expressed about the immaturity of the field and
these trials [101].

4.4. Barriers to clinical translation of iPS cell technology

Despite the rapid and promising developments described above,
several fundamental questions remain before iPS cells can be clinically
used. One of the roadblocks that impacts on the safety of iPS cells is
around the process of reprogramming itself. The fact that some of the
reprogramming factors needed to achieve maximum efficiency (such
as c-Myc) are known proto-oncogenes will need to be overcome [15].
Although the production of iPS cells without the expression of this
proto-oncogene has been reported, a decrease in the efficiency of
reprogramming has been concomitantly observed [17].

The vector technology used to overexpress the reprogramming fac-
tors in somatic cells is also critical. The most popular and efficient
vectors to express the reprogramming factors today are retroviruses
that contain the inherent risk of genomic aberrations in the transfected
cells caused by insertional mutagenesis and can lead to tumorigenesis
[102]. The gene therapy field has accumulated experience on the issues
around insertional mutagenesis both at the preclinical and clinical level.
Convergence of the two fields will significantly improve methodologies
for iPS cell generation with the latest and safest vector technologies.
Efforts towards use of safe, yet efficacious, cell reprogramming include
the use of non-integrating vectors and even the use of DNA-free technol-
ogies to minimize or completely prevent the risk of insertional mutagen-
esis [103]. Episomal vectors currently offer the most optimum safety to
efficiency ratio [34,35].

Another significant barrier is that of the complex culturing protocols used to generate, maintain and differentiate iPS cell colonies and the impact that these have on the cells. Epigenetic aberrations might appear if the process of cellular reprogramming is imperfect [104–106], while karyotypic abnormalities may be triggered as a result of long cell culture protocols [77]. Efforts have been made to improve the reprogramming methodologies and reduce the timeframe required to reach the pluripotent state. These could lower the number of stochastic steps that the cell needs to pass in order to achieve a pluripotent state, which would allow the generation of good-quality iPS colonies with lower aberrations [78,107].

Should iPS cell technology finally reach the realm of clinical regenerative medicine, the use of xeno-free media for their generation, maintenance and differentiation in culture will be imperative. While the generation of iPS cells in such xeno-free culture media has already been achieved by different laboratories, moving the field forward to meet Good Manufacturing Practice (GMP) and clinical-grade requirements [108–110], iPS differentiation protocols into different cell types still require the use of a wide variety of growth factors and culture conditions. The safety of the exposure to these molecular cues will also have to be thoroughly investigated prior to any clinical application [78,111].

Skepticism still prevails as to whether iPS cells can be considered identical or at least equivalent to ESCs with regards to their pluripotency and differentiation potential. Genome-wide analyses have found slight differences in gene expression profiles suggesting that epigenetic signatures from the tissue of origin remain in iPS cells after reprogramming [77]. The “epigenetic memory” of iPS cells can be an issue of concern as iPS cells from a particular origin may be prone or restricted to differentiate into cell types from the same lineage, thus complicating differentiation protocols to generate different cell types [112]. Indeed, epigenetic events in the early phases of the reprogramming process seem to be crucial in order to achieve full reprogramming to ground-state pluripotency, however these mechanisms have not yet been fully elucidated [113].

Given that undifferentiated stem cells are known to cause teratomas *in vivo*, it is imperative to guarantee that all iPS cells are successfully differentiated to the desired cell type before transplantation. This will need to be taken into consideration if production of GMP grade iPS cells for cell-based therapies is sought [114]. Inadequate engraftment of the iPS cell derivatives could also challenge their clinical application. In addition, if the cell identity is not stable after reprogramming and differentiation, the success of the therapy could also be limited [84].

Furthermore, generating clinical-grade iPS cells tailor-made to match every particular patient would be realistically very challenging, both in terms of economic resources and logistical (e.g. timing) requirements. With the technologies currently available, approximately 3 months are necessary to generate iPS cells from the somatic cells of a patient and subsequently differentiate the pluripotent population into the cell type needed [60]. Taking into account the necessary tests to assure the safety and quality of the cells, up to six months could be required. This timeframe constitutes a hurdle for the clinical relevance of iPS cells, especially in the treatment of lesions such as spinal cord injuries, in which the promptness of the intervention is very closely linked to the success of the therapy. Economic reasons could also be an issue if the demand of tailor-made iPS cells becomes widespread, since tens of thousands of dollars would be needed to derive each cell line.

In order to circumvent these obstacles, the establishment of banks of allogeneic iPS cell lines for their use not only in basic research but also in regenerative medicine has been proposed. Although at first glance this would act as a detriment of the notion of personalized iPS cell therapy, it has been calculated that a stock of 75 iPS cell lines derived from homozygous human leukocyte antigen (HLA) donors would be enough to match 80% of the population in Japan without triggering any immune response [34,115]. In a proposal that has been named the “iPS cell Stock Project”, Shinya Yamanaka was authorized in September 2012 by the Japanese Health Ministry to generate iPS cells from samples stored

in several cord blood banks established around the country [101]. Studies to follow a similar strategy have also highlighted that a pool of 150 cell lines from defined HLA donors would conveniently match 93% of the UK population [116].

4.5. Future Perspective: *In vivo* cell reprogramming to pluripotency for therapeutic applications

Induced transcriptional cell reprogramming to pluripotency and de-differentiation of liver tissue *in vivo* has been recently described. This was achieved by transiently forcing the overexpression of the original four reprogramming factors first described by Yamanaka and colleagues used for the generation of iPS cells by tail vein hydrodynamic injection of plasmid DNA [117,118]. This spatially (liver) and temporally (transient expression very soon after injection) targeted approach does not lead to the generation of teratomas. Subsequent studies further confirmed *in vivo* reprogramming to pluripotency by expression of the reprogramming factors that was “switched on” for long periods of time and in all tissues produced extensive teratomas [119,120]. Although the concept of *in vivo* reprogramming to pluripotency is still at its infancy, it could be of major interest in regenerative medicine applications and potentially help overcome some of the hurdles faced in the utilization of *in vitro* generated iPS cells. Provided that the *in vivo* tissue microenvironment will be able to drive the re-differentiation of the reprogrammed cells to normal functional phenotypes, the need for extraction of donor cells, iPS cell generation, culture, differentiation and transplantation could be by-passed. In that way the fields of gene therapy and the vector technologies developed in the last 20 years for a multitude of diseases and tissues could potentially merge with the field of cell reprogramming to achieve *in situ* tissue regeneration.

5. Conclusions

Great expectations are abundant for a variety of applications envisioned following the discovery of iPS cells. These include better and more pathologically-relevant models for pharmacological and toxicological screening, along with disease modeling and basic biological research in the short term. In the longer term cell replacement therapies and tissue regenerative medicines are also expected. iPS cells can offer advantages over ES cells, especially in terms of immune tolerance and design of personalized interventions. In addition, the minimally invasive nature of the procedure to generate such cells from human patients circumvents the difficulties of biopsies and the ethical controversies that surround the destruction of blastocysts to derive ES cells and have prompted different regulations around their use. The iPS technology is not exempt from challenges to be overcome and a lot more knowledge is needed before iPS cells can find their way in the clinic. However, promising results have already been obtained in pre-clinical studies involving different disease models. The immense interest and noteworthy investment in iPS cell technologies are fueling a rapid move towards the clinic only 8 years after its birth.

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